



INTERSERV * MEALS * MENU

JULY 2017

IF NO BREAD OR GRAIN IS LISTED, YOU WILL RECEIVE 2 SLICES OF WHOLE GRAIN BREAD – MARGARINE – 2% MILK SERVED WITH EVERY MEAL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3) ROAST BEEF MASHED POTATOES GREEN BEANS WHEAT ROLL LOUISIANA FRUIT SALAD	4) CLOSED FOR INDEPENDENCE DAY 	5) SPAGHETTI / MEAT SAUCE CATALINA BLEND TOSSED SALAD GARLIC BREADSTICK EMERALD PEARS	6) ROASTED CHICKEN BUTTERED NOODLES SEASONED BROCCOLI STEAMED CARROTS CINNAMON APPLESAUCE	7) TUNA SALAD WHEAT BUN MIXED GREEN SALAD SLICED TOMATOES GRAPEFRUIT SECTIONS
10) CHICKEN SANDWICH LETTUCE / TOMATO CARROT RAISIN SALAD PINEAPPLE PUDDING	11) SALISBURY STEAK MASHED POTATOES SONOMA BLEND STRAWBERRY & BANANAS	12) SEASONED CHICKEN POTATO SALAD BAKED BEANS PEACH COBBLER	13) HAM SALAD CUCUMBERS & ONIONS STEWED TOMATOES SPICED APPLES PEANUT BUTTER COOKIE	14) LEMON PEPPER FISH RICE PILAF SUMMER SQUASH FRUIT SALAD FLUFF
17) HAMBURGER SWEET CORN SLICED TOMATOES LETTUCE WATERMELON CHOCOLATE CHIP COOKIE	18) BAKED HAM SCALLOPED POTATOES TUSCAN BLEND FRUIT COCKTAIL	19) BEEF & BROCCOLI ORIENTAL BLEND ZUCCHINI MANDARIN ORANGES	20) TURKEY DRESSING MASHED POTATOES WINTER MIX PEACHES	21) BAKED SALMON MACARONI & CHEESE THREE BEAN SALAD SPINACH APPLE COBBLER
24) BACON & EGG SCRAMBLE BREAKFAST POTATOES GRAPE TOMATOES PEARS CINNAMON ROLL	25) MEATLOAF MASHED POTATOES GRAVY BRUSSELS SPROUTS APRICOTS	26) CHICKEN WRAP PASTA SALAD PICKLED BEETS BANANA MIXED BERRY CRISP	27) BBQ PORK SANDWICH GREEN BEANS CORN CASSEROLE APPLE SALAD	28) CHEESE TORTELLINI CASSEROLE PEAS & CARROTS SPINACH HAWAIIAN FRUIT BROWNIE
31) PORK CHOP DRESSING MASHED POTATOES GRAVY CALIFORNIA BLEND MELON BLEND		HAPPY	INDEPENDENCE	DAY